# **BENEFITS & RETIREMENT**

Presented by Judy Kurtz, Employee Benefits Manager

TEXAS A&M GRILIFE



### > MyEvive

- Wellness Credit/Two-Step Wellness Program
- Employee Assistance Program
- Employee Wellness Initiative
- Open Enrollment-What's New FY 2022
- Retirement Benefits/Process

# PARTNER PROGRAM

What is MyEvive?

#### One-stop-shop portal

- Two-Step Wellness Incentive
- Blue Access for Members (BCBS account)
- Blue Cross Blue Shield Provider Finder
- Delta Dental
- Express Scripts





Blue Access for Members<sup>SM</sup>



Find a BCBSTX Provider





Express Scripts ®

### HOW TO ACCESS

https://sso.tamus.edu/



# WELLNESS CREDIT

Two-Step Wellness Program

#### RECEIVE THE LOWEST RATE ON YOUR HEALTH INSURANCE PREMIUM



Completing any two steps on your MyEvive Personalized checklist\* will ensure that you have the lowest rate for your health insurance premiums.

\*The alternate health assessment available on Well onTarget through Blue Access for Members (BAM) can also count toward your wellness credit. It must be paired with the Wellness Exam!

Deadline of **June 30** to receive the credit for the upcoming plan year effective September 1.

## WELLNESS CREDIT HIGHLIGHTS

- Complete two wellness activities between September 1 and June 30.
- Applies to employees AND covered spouses enrolled in the A&M Care Plan.
- A wellness credit of \$30 per month will be applied for each individual (you and your spouse) who completes any two wellness tasks on your MyEvive Personalized Checklist by June 30.
- Retirees and graduate students enrolled in the Grad Plan will automatically receive the lower premium.

# WELLNESS CREDIT HIGHLIGHTS

 You can verify your completion status for the wellness premium incentive by logging into or registering for your MyEvive account at <u>tamus.myevive.com</u>.

• New employees have a grace period of the current plan year, plus the next plan year.

 Covered spouses must create a MyEvive account using their own personal information along with the employee's member ID (UIN)

• Wellness tasks have different timeframes for the completion to show on MyEvive

# CURRENT WELLNESS CREDIT ACTIVITIES

- Annual Wellness Exam
- MyEvive Health Assessment
- Preventive Screenings: Breast Cancer; Colon Cancer; Cervical Cancer
- Preventive Skin Care Exam
- Nutritional Counseling
- Flu Shot
- Well OnTarget Self-Management Program
- MDLIVE Registration
- Where to go for Care Scavenger Hunt

# **EMPLOYEE ASSISTANCE PROGRAM**

Work/Life Solutions by GuidanceResources

The Texas A&M University System is proud to offer Work/Life Solutions to eligible employees. These programs usually offer in-person and telephonic counseling services, training, and have resources to help employees deal with all kinds of stressful issues from parenting to death of a loved one to conflicts at work. Contact GuidanceResources with the information below.

Website: http://www.guidanceresources.com

WEBID: TAMUS

1-866-301-9623

# EMPLOYEE WELLNESS INITIATIVE

Physical, Mental & Emotional, Financial

The Texas A&M AgriLife supports the efforts of employees on the journey toward wellness and success in their personal and professional pursuits. The AgriLife Employee Wellness Initiative is intended to provide our employees with resources to assist with efforts to increase their health and well-being.



Communication via E-News and website posting Catapult Clinics Flu Vaccine Clinics Webinars - physical, mental/emotional, financial Fitness Classes – onsite to virtual Wellness Release Time

https://agrilifeas.tamu.edu/hr/benefits-retirement/employee-wellness-initiative/

## **OPEN ENROLLMENT**

Open Enrollment is the month of July – any changes made are effective September 1.

Sixth year employee only medical remains at zero with wellness incentive completion and non-tobacco user.

Enhancement to A&M Dental PPO – adding nightguard benefit.

Wellness Activities: Preventive Dental Exam/Cleaning\* (includes scaling & root planing) Preventive Vision Exams\* (BCBS or Superior claims) Wondr Health (formerly Naturally Slim) is being added back \*must process through claims

### **OPEN ENROLLMENT**

Reminders

**Flexible Spending Accounts** – Health Care or Dependent Day Care requires reenrollment every plan year.

**Social Security Numbers -** required for your dependents who are enrolled in medical. This is required as part of Affordable Care Act reporting.

Annual Grandchild Certification-deadline to submit documentation is 8/31/2021.

# **A&M SYSTEM RETIREMENT**

https://agrilifeas.tamu.edu/hr/benefits-retirement/



Retirement Guide

Pre-retirement Group Counseling Sessions TRS Videos Lump Sum Vacation Retiree Benefits Payment Vendor for Retiree Benefits, SBA Insurance Billing Office Who Do I Contact?

**Frequently Asked Questions** 

# **RETIREMENT CRITERIA**

Effective September 1, 2003

Under current state law, you are eligible for the employer contribution as a retiree when:

- You are at least age 65 and have at least 10 years of TRS or ORP service credit, or your age plus years of service credit equal at least 80 and you have 10 years of service credit, and,
- 10 of those years of service are with the A&M System, or you have a combined total of 10 or more years of service with the A&M System, UT System and ERS and the A&M System has the most years of service, or the A&M System has the same amount of service as the other highest system and A&M is your last employer, and

• you have an intact TRS or ORP account.

# **RETIREMENT BENEFITS/PROCESS**

Eligibility for insurance benefits and the employer contribution

• Retiree insurance elections completed in Workday

TRS monthly annuity for life upon meeting TRS retirement criteria – reduction for early age retirement

• TRS retirement packet – takes up to 90 days to arrive

Distribution from ORP account – participants are responsible for contacting vendor to establish a distribution plan

• All forms available online

# **RETIREMENT: LOOKING FORWARD**

**Impact to Benefits** 

Medical - A&M Care Primary or Medicare Primary

Dental/Vision

**Optional Life/Spouse Life/Child Life** 

**Accidental Death & Dismemberment** 

Long Term Disability

**Vacation Accruals** 

**Retiree Insurance Premium Payment** 

# **FINAL THOUGHTS**

**AgriLife Administrative Services Benefits & Retirement** 

#### https://agrilifeas.tamu.edu/hr/benefits-retirement/

Quick links for Insurance; Retirement Programs; Benefits; Planning for Retirement

**Contact the Benefits Office** 

Phone (979) 845-2423 Email: agrilifebenefits@ag.tamu.edu

• The Benefits Team is available to assist with your Benefits & Retirement inquiries







